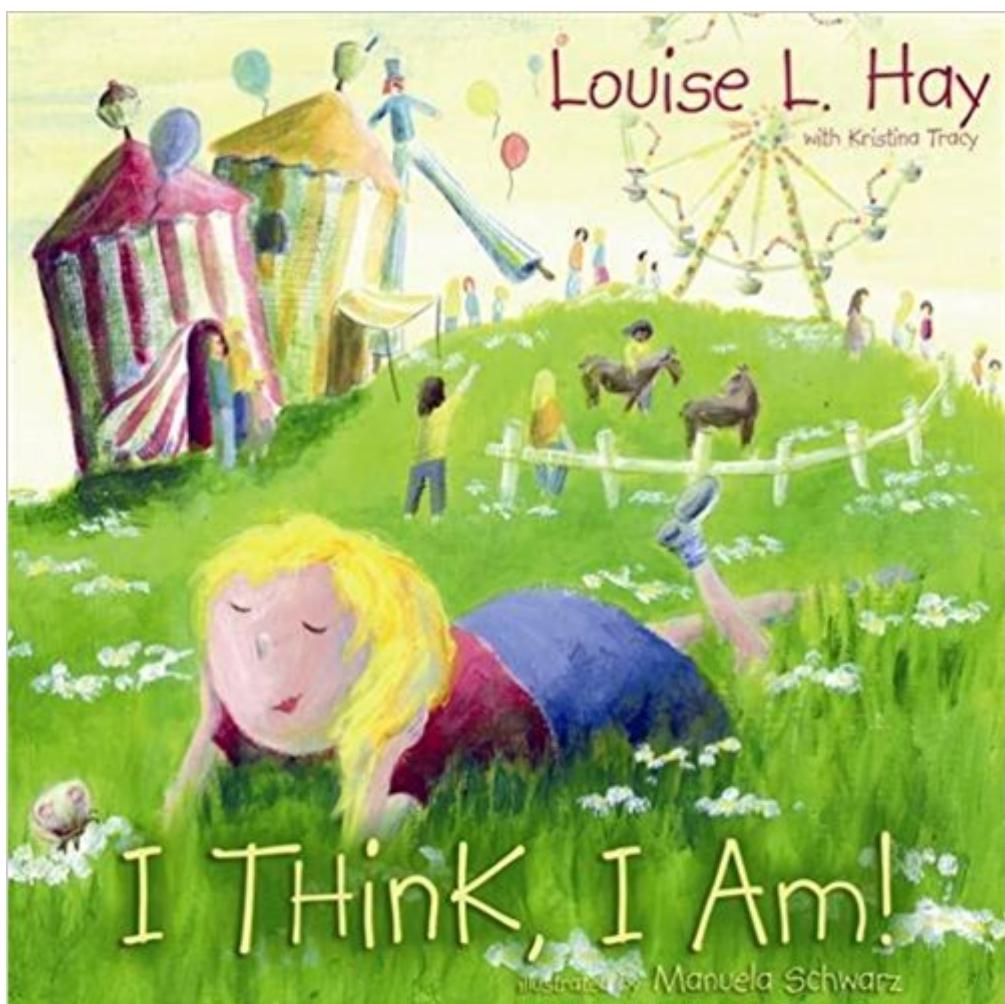


The book was found

# I Think, I Am!: Teaching Kids The Power Of Affirmations



## **Synopsis**

âœYour thoughts create your life! • This is the message that Louise Hay has been teaching people throughout the world for more than 27 years. Now, children can learn and understand the powerful idea that they have control over their thoughts and words, and in turn, what happens in their life. Within the pages of *I Think, I Am!* kids will find out the difference between negative thoughts and positive affirmations. Fun illustrations and simple text demonstrate how to make the change from negative thoughts and words to those that are positive. The happiness and confidence that come from this ability is something children will carry with them their entire lives!

## **Book Information**

Hardcover: 32 pages

Publisher: Hay House; 5th ed. edition (October 15, 2008)

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Product Dimensions: 9.5 x 0.4 x 9.3 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars (See all reviews) (76 customer reviews)

Best Sellers Rank: #14,952 in Books (See Top 100 in Books) #114 in Books > Religion & Spirituality > Occult & Paranormal #145 in Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Self-Esteem & Self-Respect #192 in Books > Medical Books > Psychology > General

Age Range: 3 - 7 years

Grade Level: Preschool - 2

## **Customer Reviews**

I purchased this book at the Celebrate Your Life conference in hopes that it would help lead my child to start thinking positively. We read it a few times a week, and we have started telling each other what our affirmations are for the day on the way to school. It has been a great tool to explain to her how thinking effects your life. She is thinking more positively and she loves this book so much she wanted to share it with her class. (my daughter is 7 1/2).

I had the opportunity to read "I think I am" and "Affirmation Weaver", by Lori Lite, (a gifted author

that writes from her heart and connects with children) to a group of children. These two books work great together in that" I think I am" contrasts negative thoughts to positive thoughts while Affirmation Weaver focuses on believe in yourself positive affirmations. Both books were loved by the children. I think I am generated conversation afterwards and Affirmation Weaver had the group repeating affirmations. A perfect introduction to positive statements and self love. Affirmation Weaver: A Believe in Yourself Story, Designed to Help Children Boost Self-esteem While Decreasing Stress and Anxiety. (Indigo Ocean Dreams)

I have a four year old daughter who insists on reading this book every night before going to bed. What can be better than going to sleep with these positive inspirational ideas? I love Louise Hay!

Just a quick note of thanks to Louise again a wonderful collection of affirmations. I have quite a few of her adult books and to find a childrens version is just fantastic. Beautifully illustrated and set out in a thoughtful easily understood manner. Cannot recommend enough. Have already passed it around to family and friends.

As a big fan of Louise Hay I was thrilled that she wrote a book for children. While it's not the most exciting children's book, my son has grown to like the way when things are bad in the story they change their outlook. The concept is not entirely lost on him and I'm hoping that these are lessons that he can take out into the world as he grows. It is about self-empowerment and making a bad situation into a more positive experience.

I think/believe that giving children of any age is essential at any age. Essentially because of the way this, our society(globally) can be so cruel, cold and bulling at times. I feel that if we teach warm and loving affirmations to people of all ages that just maybe our world wouldn't be so violent. And so if we as adults can believe and enjoy the positive affirmations, even as we say them to our self and share them with our children, we will have a much better/gentler society as a whole.

I was disappointed with this book. The comparisons weren't described very well for young children to understand and it only had a few affirmations for children. Louise L. Hay has such wonderful written and easily understood books but this one was very poorly written :(

I had read reviews that this book had great positive messages for children, but when I read it to my

children I found I had to re-write the words as I read it out loud. The printed words were not appropriate, for any age. It is poorly written. For example when I got to the page showing a group of children and one in a wheel chair it says "when you see kids who look different from you, you might say to yourself 'I hope I don't have to ride with them' try to look past their differences you see on the outside". Just a terrible example of what to do or say when confronted with differences. That's the lesson the author is trying to teach?? Just not a good message or lesson to teach children. Very disappointed!

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